

HUB TENNIS HS SUMMER SCHEDULE 2022

Updated 5/10/22

CAMPS/OPEN COURTS

Kids 3rd-8th Grade Tennis Camp – June 14-17

3rd-5th Grade: 8:00-9:30am, 6th-8th Grade: 9:30-11:00am

High school players will be volunteering and helping run the camp

Boys & Girls HS Camp – in June & July

These days are meant for you to get on the court to practice, participate in competitive drills, and play. Tuesday evenings will be open to community members as well and will just be playing matches.

MONDAYS

May 30: no camp

Jun 6: 12:30 – 2:30pm

Jun 13: 12:30 – 2:30pm

TUESDAYS

May 31: no camp

Jun 7: 5 – 7pm

Jun 14: 5 – 7pm

WEDNESDAYS

Jun 1: 12:30 – 2:30pm

Jun 8: 12:30 – 2:30pm

Jun 15: 12:30 – 2:30pm

Starting June 20th, our HS courts are getting renovated!

Wednesdays June 22, 29, July 6, 13, 20, 27: 12:30-2:30pm @ courts in town

2ND ANNUAL ROCHELLE HUBS TENNIS TOURNAMENT – JULY 29-30

(More details to follow)

Summer Strength & Conditioning – 3 sessions – June 7 – July 29

Mon, Tues, Thurs: 6:45-8:30am – Sophs, Juniors, Seniors

(+Fri for Elite Lifters) 8-9:30am – Girls' Session

10:45am-noon – Freshmen

***Fridays are make-up days: 8-9am*

***No lifting July 1st -7th*

***Attend 22 days for IRON CLUB, 28 days for ELITE*

**NOTE: All tennis players are encouraged to sign up for the Strength & Conditioning PE class during the school year.*

*myUTR *

Everyone is encouraged to create a free myutr.com account if they haven't already. We will use this throughout the summer for different competitions and contests.

TEAM CAMP/INDIVIDUAL CAMPS

Lots of colleges and universities have a tennis camp. Look at some of their websites and see if you're interested in going to any.

Any questions please contact:

Lizzie Cartwright ~ Girls Tennis ~ 217.979.9879 ~ lcartwright@rthsd212.org

Kristy Eckardt ~ Boys Tennis ~ 815.677.1473 ~ kristyeckardt@hotmail.com

If you would like a summer tennis t-shirt for \$15, please fill out this form (or text responses) to a coach by June 1

Name: _____ Grade (2022-2023): _____ Shirt Size: _____

Address: _____

Email Address: _____ Phone #: _____

T-shirt: \$15